



## Five Keys to Effective Music Training

Have you been thinking about how you can continue to enhance your child's life through the arts? How about music? Have you heard about all the benefit studying a musical instrument can have on a young person? Scientific research has proven that much can be gained by studying music such as improved brain development, special intelligence, creativity, problem solving, academic achievement, confidence and more. If you are ready to start the process of finding the right music program for your child, consider the next five keys to effective music training.

### 1. Determine If Your Child Is Ready For Music Lessons

Observe your child closely. Does he or she gravitate towards a musical instrument, pick up songs quickly and sing them often? Before making a huge commitment, a qualified instructor should be able to evaluate if your child is ready for music lessons. A knowledgeable teacher can provide a trial lesson to see if the student has the coordination, focus and maturity to benefit from formal training.

### 2. Find the Right Instructor

Find an instructor that can help your child meet their goals. It's important to work with the right professional that can focus on building self-esteem, confidence and musical skills. Ask the instructor about their techniques and what experience they have in teaching overall, taking the time to determine whether he/she will be right for you. Parents and students should have the opportunity to "interview" the instructor before committing to multiple lessons.

### 3. Various Training Options Should Be Explored

Finding the right instrument for your child is a difficult but important factor in his or her continued musical success. If your child wants a more rapid result to their training, maybe singing is the way to go? Studying piano can help students develop organized thinking and problem solving skills. If your child is always on the go, a guitar is easily portable and always accessible. A comprehensive music school will offer lessons on several different instruments to allow students to find the right fit.

### 4. Performance Opportunities Should Be Available

The goal of performing is a great motivation for consistent practice! Your music school should provide students an opportunity to show their progress through performance. Performances should be presented in a way to encourage confidence, professionalism and support.

### 5. A Professional Facility Matters

The right music school's facility should fit certain criteria. When purchasing a large amount of lessons, does the school offer payment options? Is the space clean and safe with well-maintained equipment? Is there a friendly office staff to assist with registration and questions?

*With 12+ years history in teaching performing arts to children in the Chicagoland area, Virtuoso Performing Arts is focused on educating, inspiring and motivating each of their students. Join the VPA family! Sign up for a Trial Lesson on the house or purchase an Introductory Package in Guitar, Piano and/or Voice through the VPA School of Music today!*

8120 Lehigh Avenue, Suite 105, Morton Grove, IL 60053  
vpa@virtuosoperformingarts.com  
VirtuosoPerformingArts.com  
847.998.9900